

Active Parenting Workshop (5 – 12)

There will be 14 one-hour sessions held on **Wednesdays** from **5:15 pm to 6:15 pm** via Zoom.
Dates: From **August 31st thru December 7th 2022**.

Session 1: Self-Work: How was your Childhood? Thought Patterns, Self-Discipline.

Session 2: Self-Work: A Connected Relationship as Foundation to a Connected Family.

Session 3: The Purpose of Parenting, What do You Want for your Child? Risks that Concern You, Parenting Styles, Your Child's Brain

Session 4: Mutual Respect, the Method of Choice, Self-Care, Family Meeting

Session 5: The Beauty of Problems: who owns them? Cooperation and Communication, What are Communication Blocks?

Session 6: The Five Steps of Active Communication, Family Meeting

Session 7: Help them Develop Responsibility, Punishment and Reward, Why Kids Misbehave

Session 8: Effective Discipline: Basic and Advanced Methods, Family Meeting

Session 9: The Power of Encouragement (Part 1)

Session 10: The Power of Encouragement (Part 2), Family Meeting

Session 11: Understanding and Redirecting Misbehavior (Part 1), Family Meeting

Session 12: Understanding and Redirecting Misbehavior (Part 2), Handling Anger, Teaching Skills

Session 13: Seven Things to Help your Child Succeed in School, Importance of Family Meetings, Family Meeting

Session 14: Parents as Influencers, Emphasizing Family Unity.

Fee: \$25 per household (including materials)

***Split households are required to register separately.**

Now you have the facts. And now it's time for you to make a decision...

Are you going to attend and become the best parent you are meant to be? **or** are you going to keep suffering the pain of fighting with your kids all the time over misbehavior, getting up on time, doing homework, getting their help at home and, as a consequence, deteriorating even more your relationship with them? **Think of the cost of NOT joining today...**



2022 PARENTING WORKSHOPS
Registration Form

First Five Years

Active Parenting (Ages 5-12)

Attending Parent/Guardian Information	Attending Parent/Guardian Information
Name:	Name:
Phone:	Phone:
Email:	Email:
Street Address:	Street Address:
City, State, ZIP:	City, State, ZIP:

Student(s) Name(s): _____ Age: _____

Have you attended parenting workshops before? Yes No

- If yes, please share the title or topic of the class: _____

Parent/Guardian Signature: _____ Date: _____

Workshop Fees: [Does not include materials]

First Five Years
10 Weeks; \$20/household*

Active Parenting (Ages 5-12)
14 weeks; \$25/household*

*Split households are required to register separately.

FOR INTERNAL USE ONLY
Date Paid _____
Amount Due _____
Amount Paid _____
<input type="checkbox"/> Cash
<input type="checkbox"/> Check No. _____
<input type="checkbox"/> Money Order
<input type="checkbox"/> Payment Plan
Date Received _____