

# ACTIVE PARENTING WORKSHOP AGES 5-12

THIS IS A WORKSHOP FOR PARENTING CHILDREN AGES 5 – 12. IT COMBINES VIDEO, ACTIVITIES AND DISCUSSION. IT IS PRESENTED IN FOURTEEN (14) 1-HOUR LIVE ONLINE SESSIONS TO BE HELD ON TUESDAYS, 5 – 6 PM. CLASSES BEGIN AUGUST 31ST AND CONCLUDE DECEMBER 7TH.

**8/31 Session I: Self-Work: How Was Your Childhood?**

*Thought Patterns; Self-Discipline*

**9/7 Session II: Self-Work: A Connected Relationship as Foundation to a Connected Family**

**9/14 Session III: The Purpose of Parenting** *What Do You Want for Your Child? Risks that Concern You, Parenting Styles, Your Child's Brain*

**9/21 Session IV: Mutual Respect, the Method of Choice, Self-Care, Family Meeting (1)**

**9/28 Session V: The Beauty of Problems: Who Owns Them?** *Cooperation and Communication; What are Communication Blocks?*

**10/5 Session VI: The Five Steps of Active Communication; Family Meeting (2)**

**10/12 Session VII: Help Them Develop Responsibility; Punishment and Reward; Why Kids Misbehave**

**10/19 Session VIII: Effective Discipline: Basic and Advanced Methods; Family Meeting (3)**

**10/26 Session IX: The Power of Encouragement (Part 1)**

**11/2 Session X: The Power of Encouragement (Part 2); Family Meeting (4)**

**11/9 Session XI: Understanding and Redirecting Misbehavior (Part 1); Family Meeting (5)**

**11/16 Session XII: Understanding and Redirecting Misbehavior (Part 2); Handling Anger; Teaching Skills**

**11/30 Session XIII: Seven Things to Help Your Child Succeed in School; Importance of Family Meetings; Family Meeting (6)**

**12/7 Session XIV: Parents as Influencers; Emphasizing Family Unity**

*"She (Martha) clearly knows the subject and does an excellent job conveying and emphasizing the important points that we covered. I appreciated her applying her real-world (personal) experiences to highlight the information that she found to be the most useful. Her positive nature is also a great value for teaching."*

*-David, parent of a 5 year old*

**Fee per Participant: \$210\* Does not include materials**

Visit this link to purchase materials: **5-12 Workshop: Parents of Children ages 5 to 12: \$19.95 + S&H**

Please do not purchase materials on Amazon. The workbook is not included, and it is used all the time, so it is very important to purchase both the book and workbook. **It's recommended that participants place their workbooks order no later than August 20th to allow for shipping time.**

[HTTPS://ACTIVEPARENTING.COM/PRODUCT/ACTIVE-PARENTING-4TH-EDITION-PARENTS-GUIDE-WORKBOOK/](https://activeparenting.com/product/active-parenting-4th-edition-parents-guide-workbook/)

**\*Parents in Separate households must register individually**



*Martha Portilla is the mother of three young adults. She was a Montessori teacher for 18 years, and is a Certified Positive Discipline Classroom Educator and Active Parenting Trainer. For the past five years she has been supporting parents through workshops and coaching sessions in person and/or via Skype. To access some valuable free parenting tips, you may visit her Facebook page: Mindful Parenting, LLC*