

# Khalsa Montessori School

## Operating Plan Spring 2021

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## Overview»

Khalsa Montessori School continues to operate both in-person and distance learning programs for the spring semester of school year 2020-21. All campuses will be open unless ordered to close by the Governor. Opening KMS campuses entails some increased risk of contracting the COVID-19 virus for all concerned because attending school involves daily human contact among children and staff, who will then be in contact with others in their own homes. Our decision to continue in-person instruction on our campuses recognizes that (1) for KMS families and staff, that risk is balanced against the educational, social, economic and other costs of remaining closed, (2) our school must reopen with many new health and safety protocols to do everything we can to responsibly mitigate that risk to the extent possible, and (3) each family and staff member must decide how to balance those risks, and whether to return to campus. For those families whose personal situation warrants greater caution, KMS will continue to provide a distance learning option for the spring. KMS teachers have worked tirelessly to develop Montessori based distance learning programs. We will continue to scaffold what was created last fall to follow this year's curriculum in each level.

Our classroom environments are designed to harness the developmental forces of each plane of a child's development for the child's own optimal self-construction through experiential interactions with the environment. Our ability to guide that development is diminished in the absence of a face-to-face learning environment. By reopening our campuses we are aiming to fulfill the mission of Khalsa Montessori School, which is to guide the intellectual and character development of each child along a path towards his full and unknown potential, in ways that honor the complementary needs of the individual and the group. Families whose needs require a greater level of risk mitigation will learn remotely the same lessons and cultural activities.

This document explains the policies and procedures we are employing to mitigate COVID-related risks at school. That approach is built around intensive new health monitoring and screening procedures, as well as new classroom/school day procedures designed to reduce the number of contacts during the school day and limit the group size and interactions. We continue to follow the guidance of the Maricopa County Public Health Department and the Arizona Department of Health Services for our policies regarding mask wearing for ages two and up when on campus including outside where feasible. Staff will continue to wear masks. They will be mindful of this new requirement and will observe students though not insist on the social distancing rules for younger students that is expected of older children and adults. Lower elementary, upper elementary and middle school students and staff will wear masks in the classroom and outside where feasible. The extended care program will segregate students by classroom.

Each classroom within the school will allow children to play during recess and outside time. We will stagger start times, lunch/recess times and departure times to reduce the group size and exposure among different age groups. Again, this is a strategic risk assessment where students will have their own classmates to interact, play and practice healthy distancing. Our teacher to

student ratio will be no greater than 1:16 in middle school, 1:14 in elementary, 1:10 in primary and 1:6 in toddler programs.

What we will do is teach your children through grace and courtesy lessons, integral to Montessori programs, how to navigate this new world we live in: to learn how to wash hands thoroughly, why it's important to do so, why people are wearing masks and how to put one on and take one off; what is social distancing and why it's important in public spaces; who has greater risk of becoming sick and how we can lessen the likelihood of infection by our actions and choices.

These new procedures will require young children (2yrs-5yrs) to wear masks in the classroom. Staff will wear masks, as will parents or adults. Where feasible they will observe the social distancing rules expected of older children and adults. We do not believe it is possible to enforce those restrictions with our younger children. Lower elementary, upper elementary and middle school students will wear masks when inside or outside as well as follow social distancing guidelines. Strenuous exercise outside will preclude the use of masks. Nevertheless, we believe reopening with these new protocols represents an important first step in responsibly living with this virus.

In sum, KMS has concluded that reopening our campuses under these conditions is in the best interest of the community and that each KMS family will make its own decision about the balance of risk, and what is best for their children. *KMS is requiring all students and staff to provide negative COVID-19 test results before returning to school.* Our dual approach will give families the flexibility to make choices needed for their own unique situation. The information in this document will provide clarity around the practices and procedures KMS has established to minimize exposure to our community but in no way warrants that COVID-19 or other communicable disease infection will not occur through participation in our program.

## School Year 20-21»

### August 17, 2020 - June 7, 2021

Please note change in calendar due to Governor's Order

#### Program Hours

Virginia Campus Program Hours:

**Upper Elementary** 8:00am - 3:30pm

Arrival: 7:30am - 8:00am

Departure: 3:30pm - 3:40pm

**Lower Elementary** 8:30am - 3:00pm

Arrival: 8:00am - 8:30am

Departure: 3:00pm - 3:10pm

**Elementary Extended Care** 3:00pm-6:00pm

Palm Campus Program Hours:

**Middle School** 8:30am - 3:30pm

Arrival: 8:15am - 8:25am

Departure: 3:30pm - 3:40pm

**MS Study Hall** 3:30pm - 4:30pm

**Toddler School** 8:00am - 3:30pm

Arrival: 7:45am - 8:00am

Departure: 3:15pm - 3:30pm

**Toddler Extended Care** 7:30am - 8:00am

Coronado Campus Program Hours:

**Primary** 8:30am - 3:00pm

Arrival: 7:55am - 8:25am

Departure: 2:50pm - 3:10pm

**PRI Extended Care** 7:30am-8:00am/3:00pm-6:00pm

## Locations and Staffing

### Location #1: Elementary Campus

- UE - 2536 North 3<sup>rd</sup> Street
  - Karen Charleston, Melanie Junio, Joye Sass
- LEE - 2536 North 3<sup>rd</sup> Street
  - Helen Williams, Christopher Canchola
- LEN - 2536 North 3<sup>rd</sup> Street
  - Carie Modeer, Laurie Alejo
- LES - 2536 North 3<sup>rd</sup> Street
  - Emily Oakley, Jazmine Bahena
- ODE – 2536 North 3<sup>rd</sup> Street
  - Mike Oakley
- PE/Gardening - Mark Dugan
- EEC – 2536 North 3<sup>rd</sup> Street
  - Renee Soldanel, Anum Zaidi, Anna Mohr-Almeida

### Location #2: Palm Campus

- MS – 303 E Palm Lane
  - Lindsay Caglio, Lisa Brown
- TDN – 303 E Palm Lane
  - Beridiana “Betty” Leyva, Chloe Clift, Alexis Dunn

### Location #3: Primary Campus

- PN – 346 E Coronado Road
  - Shannon Pursell, Meredith Coles, Makayla Haynes
- PS – 346 E Coronado Road
  - Dyanna Jiron, Gretchen Sjoberg, Demi Bagg
- PU – 346 E Coronado Road
  - Cynthia Huebscher, Amy Page, Ninfa Hartley
- ODE – 346 E Coronado Road
  - Jill Woodhull
- PEC – 346 E Coronado Road
  - Sierra Vaughn, Ayden Huerta, Megan Mathews

## **Parent Contact/ Communication**

### **Email and phone**

Each teacher has a school email address for parent communications. Teachers will respond to emails within 24 hours during the week. Teachers do not respond to phone messages during the day.

Time-sensitive contact can be facilitated by calling the main office and/or emailing each campus: Elementary [frontoffice@khalsamontessori.org](mailto:frontoffice@khalsamontessori.org), Primary [kmps@khalsamontessori.org](mailto:kmps@khalsamontessori.org), or Toddler [kmms@khalsamontessori.org](mailto:kmms@khalsamontessori.org)

### **Observations**

Due to restrictions in place to mitigate the spread of COVID-19, regular parent observations are suspended.

### **Parent Gatherings**

Parent gatherings will occur via Zoom and will be communicated to families at least 1 week in advance.

### **Children's Meals**

#### Snack

Families are asked to provide a daily snack in their child's lunch box. Family style snack offerings have been suspended. Teacher led snacks will be provided for extended care students.

#### Lunch

At arrival, each child brings their lunch box and places it on the shelf as part of his arrival routine. For more information regarding lunch policies please refer to KMS Food and Nutrition Policies, KMS Parent Handbook.

## Arrival and Departure

Our existing assisted arrival and departure procedures, with added procedures for [health screening](#) and [hand hygiene](#), meet the [state guidelines](#) for social distancing and limited contact.

### Assisted Arrival

- Assisted Arrival for students will be: Primary 7:55am to 8:25 am; Upper Elementary 7:30am-8:00am; Lower Elementary 8:00-8:25am
- Walk-up arrivals cannot be facilitated during this time.
- Toddler families will arrive in the lobby and be assisted during this time
- Parents must wear a face mask during assisted arrival.
- The same parent or designated person should drop off the child each day.
  - Each child must have had a [Health Screening Acknowledgement](#) completed, signed and returned to staff when they take a student's temperature.
- Drive your vehicle parallel to the curb, pulling in as close as you can.
- Stop at the designated arrival/departure area for your community.
  - Get out of your car, sign in (Primary only) and get your child out of the car.
  - A staff member will assess your child's health prior to your child leaving the vehicle and take their temperature once out of the car.
- As soon as your car door closes and your child is safely away from the car, you may pull up to await your turn to enter traffic.

**Late arrival** - Late arrival must be scheduled in advance with the main office. Please follow this procedure:

- Contact the Campus Main Office and indicate the exact time of your child's late arrival.
- Office Staff will notify the classroom community to make arrangements for receiving the child at the pre-arranged late arrival time.
- At the pre-arranged late arrival time, please pull up to the curb and wait.
- Classroom assistant will observe the arrival area at the pre-arranged late arrival time and proceed to assist the child with arrival following the regular arrival procedures.

## Assisted Departure

- Assisted Departure for students: Primary 2:50pm to 3:10pm; Lower Elementary 3:00pm-3:10pm; Upper Elementary 3:30pm-3:40pm
- Walk-up departures cannot be facilitated during this time except for Toddler Campus.
- Parents must wear a face mask during assisted departure.
- Please pull up and park at the designated arrival/departure location for your community.
- Get out of your car, sign out (Primary only) and get your child into the car, buckle your child in their car seat, if needed.
- Once your child is in the car, pull up to the driveway to turn into traffic.

Early Departure - Early departure must be scheduled in advance with the teacher and the main office. Please follow this procedure:

- Notify your teacher via email that you will need to pick your child up early.
- Contact the Main Office and indicate the exact time of your child's early departure.
- Office Staff will notify the classroom community to make arrangements for assisting the child with departure at the pre-arranged early departure time.
- At the pre-arranged early departure time, please pull up to the curb and wait.
- Classroom assistant will observe the departure area at the pre-arranged early departure time and proceed to assist the child with departure following the regular departure procedures.

## Additional Policies and Procedures to Mitigate Spread of COVID-19

[Face Coverings](#)

[Health Screening](#)

[COVID-19 Symptoms at School - Children](#)

[COVID-19 Symptoms at School - Staff](#)

[COVID-19 Exposure - Staff and Children](#)

[Positive Case of COVID-19 in the Classroom Community - Children or Staff](#)

[Contact Tracing](#)

[Communication](#)

[Monitoring Absenteeism](#)

[Physical Distancing Strategies](#)

[Healthy Hand Hygiene](#)

[Cleaning and Disinfecting](#)



## General Preparedness and Planning»

Khalsa Montessori School has and will continue to collaborate, share information, and review plans with local health officials to help protect the whole school community. School plans are designed to complement other community mitigation strategies to protect high-risk populations and the healthcare system and minimize disruption to teaching and learning.

This document was compiled using the COVID-19 guidelines and recommendations for schools and childcare programs published by the CDC, Arizona Department of Health Services, Maricopa County Public Health Department and the City of Phoenix. KMS operating procedures meet or exceed the minimum standards of care and will be updated as new information or additional guidelines are made available. **Currently, the general advice is to *not travel* during the holiday season or *gather in groups larger than 10*. If you choose to do either of these activities, we ask that you have your in-person child tested five days after the event, quarantine until day seven if there are no symptoms and the test result is negative then they may rejoin their class cohort. The same is true for KMS Staff. This will keep us all safe.** [Traveling During the COVID-19 Pandemic](#)

[Arizona Department of Health Services Guidelines](#)

[CDC Guidance for Schools and Child Care](#)

[CDC Considerations for Schools](#)

## Training»

Staff must be familiar with and receive ongoing training regarding State and CDC recommendations and requirements.

State of Arizona Minimum Standard Health Protocols

[CDC Guidance for Schools and Child Care](#)

Training Sessions for Summer 2020 will cover all topics in this document. All Summer staff must take the following training online:

[Covid-19 Virtual Training Presented by Arizona Dept. of Economic Security](#)

[Special Considerations for Infection Control during COVID-19](#)

[Providing High Quality Experiences during COVID-19 for Emergency Child Care Settings](#)

## Face Coverings»

Face coverings or masks are meant to protect other people in case the wearer is unknowingly infected but does not have symptoms. Face coverings are not surgical masks, respirators, or other medical personal protective equipment. Please note that due to the nature of some of the presentations given in our early childhood programs, face coverings may be removed for part or all of the presentation. Face shields are available for staff when needed.

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/schools.html>

### **Staff**

Staff will be required to wear face coverings at the following times:

- Assisted arrival and departure
- When performing health screening of staff and children
- When interfacing with other staff members
- When working in the classroom with a small group except during presentations that require clear articulation and visibility of mouth such as:
  - Language exercises and presentations
- When assisting an ill child or staff member

### **Children**

Children in the Toddler and Primary program are now required to wear masks to the best of their ability. Students in the Lower Elementary, Upper Elementary, and the Middle School program will wear masks and outdoors as feasible.

### **Parents and Guests**

Parents and guests are required to wear a face-covering at the following times:

- Assisted arrival and departure
- When on-campus

## **Health Screenings»**

Daily employee and child health screenings are important to help reduce the transmission of COVID-19 at school.

This section covers the following Health Screening Topics:

- **Health and Temperature Screening Protocol**
- **Staff Self-Screening Prior to Arrival at School**
- **Staff Screening at School**
- **Parent Screening of Child Prior to Arrival at School**
- **Staff Screening of Child at School**

### **Health and Temperature Screening Protocol**

All children and staff who meet any of the criteria below will be denied entry:

- Temperature over 100.4°F and if medications were used to lower an individual's temperature.
- Any of the following symptoms if the symptom is of greater intensity or frequency than what is normally experienced:
  - Cough
  - Shortness of breath or difficulty breathing

- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- Loss of taste or smell
- Diarrhea
- In the previous 14 days has had contact with someone with a confirmed diagnosis of COVID-19;
- Is under investigation for COVID-19; or
- In the previous 14 days, have traveled to another state or country.

### **Staff Self-Screening Prior to Arrival at School**

Staff members will conduct self-screening prior to arrival at school. If a staff member self-identifies as having symptoms listed in the screening criteria above, she/he will contact the designated administrator, not come into work, and follow the procedures in the section: [COVID-19 Symptoms at School - Staff](#).

### **Staff Screening at School**

Each campus' On-Site Coordinator will conduct and record Staff Health Screening for each staff member upon arrival at school. [Staff Screening Procedure](#)

### **Parent Screening of Child Prior to Morning Arrival**

Parents are encouraged to be on the alert for signs of illness in their children and to keep them home when they are sick. Parents are required to conduct the pre-screening each day at home before leaving for school. Parents who have not completed pre-screening prior to arrival must complete it prior to the child entering the program.

### **Staff Screening of Child at School**

- Upon arrival, a staff member will take your child's temperature using a contactless thermometer if a parent has not submitted their Health Attestation Form.
  - If the child has a temperature of over 100.4°F, the staff member will verify the temperature with another thermometer.
  - A child with a temperature of over 100.4°F will not be admitted.
- Staff will conduct and log the temperature checks of each child and adult in the community upon arrival. The On-Site Coordinator will call any unreported absences and track illnesses among all students and staff.

- Staff will make a visual inspection of the child for signs of illness which could include flushed cheeks, rapid breathing, or difficulty breathing (without recent physical activity), fatigue, or extreme fussiness. If the child exhibits any of these symptoms at arrival or at any point during the day, the child will be isolated and parents will be required to pick up their child.

## **COVID-19 Symptoms and COVID-19 Cases in School»**

This section provides details and procedures for the COVID-19 Symptom, Exposure, and Diagnosis within the school community:

### **COVID-19 Symptoms at School - Children**

### **COVID-19 Symptoms at School - Staff**

### **COVID-19 - Exposure- Staff and Children**

### **Positive Case of COVID-19 in the Classroom Community - Children or Staff**

### **COVID-19 Symptoms at School - Children**

If COVID-19 symptoms begin while at school, the child must be sent home as soon as possible and no later than 30 minutes after parents are contacted. Sick children will be kept separate from well children and staff contact will be limited as much as reasonably possible, while ensuring the safety and supervision of the child until they leave.

- Classroom staff will follow these isolation procedures:
  - Classroom staff will offer the child a disposable face mask but will not require the child to wear it.
  - Classroom staff will take the child to the Isolation location in the main office:
    - Isolation location #1: Main building, front office
    - Isolation location#2: Main building, front office
    - Isolation location#3: Toddler vestibule
  - The classroom staff will inform the office staff of symptoms exhibited.
  - Office staff will contact parents to come to school to pick up the child.
  - The office staff will supervise the child until the parent arrives.
  - Once a parent has left with the ill child, the isolation room is cleaned and sanitized by office staff.
- Materials, toys, and furniture touched by the child who is sent home will be thoroughly cleaned and disinfected.
- Families are encouraged to coordinate decision-making around the child's care with the family health care provider if there are specific health concerns, chronic disease, or complex social or emotional dynamics in the home.
- In the case of a child who has symptoms that could be COVID-19 and does not get evaluated by a medical professional or tested for COVID-19, the child is assumed to have COVID-19, and cannot return to the community until the individual has met the

criteria for return under [Children or Staff with Positive Case of COVID-19](#).

- A child who has exhibited symptoms that could be COVID-19 can return to school if the parent has obtained a medical professional's note clearing the individual for return based on a negative COVID-19 test and an alternative diagnosis.

### **COVID-19 Symptoms at School - Staff**

Staff is encouraged to monitor their health and required to perform daily health screenings for symptoms of COVID-19. Staff is encouraged to stay home if they are exhibiting symptoms of COVID-19 and to contact their healthcare provider.

- Staff exhibiting new or worsening symptoms of possible COVID-19 at school should:
  - Put on a disposable mask
  - Leave the classroom
  - Complete the [Maricopa County Health Checker](#)
  - Obtain a COVID-19 test - [Test Collection Sites](#)
  - Follow the recommendations of their healthcare provider
- In the case of a staff member who has symptoms that could be COVID-19 and does not get evaluated by a medical professional or tested for COVID-19, the individual is assumed to have COVID-19, and the individual may not return to work until the individual has met the return criteria for [Children or Staff with Positive Case of COVID-19](#).
- If the staff member has symptoms that could be COVID-19 and wants to return to work before completing the above self-isolation period, the individual must obtain a medical professional's note clearing the individual for the return based on a PCR(polymerase chain reaction) COVID-19 test and an alternative diagnosis.

### **COVID-19 - Exposure- Staff and Children**

If a staff member or child has been identified as close contact to someone outside the classroom community who is diagnosed with COVID-19, that staff member or child will be required to self-quarantine for 14 days per the CDC guidelines. Close contact means being closer than 6 feet apart for more than 15 cumulative minutes or more over a 24-hour period to the person who was infectious or had physical contact.

### **Positive Case of COVID-19 in the Classroom Community - Children or Staff**

If COVID-19 is confirmed in a child or staff member in a classroom community, the school will report the confirmed case to the Maricopa County Public Health Department (MCPHD) COVID-19 Online School Reporting Form. MCPHD requires schools to be tasked with identifying exposure and will determine contacts and act accordingly. If there is a significant exposure during school hours, a determination would be made regarding measures for all persons regularly in that community. They may be required to self-quarantine for 14 days per the CDC

guidelines.

The following actions will be taken by school administration:

- Contact Maricopa County Public Health Dept to report the presence of COVID-19
- Contact Child Care Licensing to report the presence of COVID-19 our school
- Notify the Arizona Department of Health Services
- Notify staff and parents/caregivers that a member of the classroom community has been diagnosed with COVID-19. Confidentiality will be maintained.
- Notify the school community that a child in the school (not their community) has been diagnosed with COVID-19. Confidentiality will be maintained.
- If advised by MCPHD, close the specific classroom community for 14 days to allow self-quarantine for all children and staff in the classroom community who have been in close contact with the person diagnosed with COVID-19 (per CDC guidelines).
- Complete disinfecting and deep cleaning procedures.

Decisions about extending closure will be made in consultation with the Arizona Department of Health Services and the ***Maricopa County Public Health Department***.

**Children or Staff with Positive Case of COVID-19, who have exhibited symptoms and who have stayed home (home isolated) can return to school/work when the following criteria are met:**

**(<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>)**

- At least 3 days (72 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications); and
- The child or staff member has improvement in respiratory symptoms (e.g., cough, shortness of breath); and
- At least 10 days have passed since symptoms first appeared, or Negative results of an FDA Emergency Use Authorized COVID-19 molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive respiratory specimens collected  $\geq 24$  hours apart (total of two negative specimens).

## Quarantine and Isolation - Definitions

From the CDC:

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine-isolation.html>

### **Quarantine**

Quarantine is used to keep someone who might have been exposed to COVID-19 away from others. Quarantine helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms. People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department.

### **Isolation**

Isolation is used to separate people infected with the virus (those who are sick with COVID-19 and those with no symptoms) from people who are not infected. People who are in isolation should stay home until it's safe for them to be around others. In the home, anyone sick or infected should separate themselves from others by staying in a specific "sick room" or area and using a separate bathroom (if available).

## Contact Tracing»

Contact tracing is a strategy used to determine the source of an infection and how it is spreading. Finding people who are close contacts to a person who has tested positive for COVID-19, and therefore at higher risk of becoming infected themselves, can help prevent further spread of the virus. Those contacts might include family members, co-workers or health care providers. It is a reasonable precaution to make note of those individuals whom a person has close daily contact in order to facilitate contact tracing if needed.

## Communication»

Khalsa Montessori School will communicate:

- With families, if their child has been in close contact with someone at school who has then tested positive for COVID-19.
- With staff, if they have been in close contact with someone at school who has tested positive for COVID-19.
- With the entire school community if a classroom community has been closed temporarily due to COVID-19 exposure.

## Monitoring Absenteeism»

Khalsa Montessori School administrative staff will monitor absenteeism among children and staff. Any unusual patterns will be considered when evaluating the need for temporary or long-term building or campus closure. Decisions about extending closure will be made in consultation with Maricopa County Public Health Dept and the Arizona Department of Health Services.

### Procedure for Recording Community Attendance

Assistant records attendance in weekly attendance log, office staff verify and update the health screening log for the community. Include the reason for absence; contact a parent if the child is not present.

## Physical Distancing Strategies»

Khalsa Montessori School does not expect that young children will distance themselves from other children or adults while at school. Young children learn by engaging with their environment, which includes the other people in it. However, Khalsa Montessori School will employ the following strategies for limiting the spread of COVID-19 in our communities.

- Communities will consist of stable groups in each classroom and level.
- Stable means that the same children and their consistent caregiver(s) are in the same group each day. They have a ratio of no more than 1:14 in Elementary, 1:10 in Primary, and 1:5 in Toddler programs.
- Children shall not change from one group to another during the day including extended care.
- Levels shall not mix with each other.
- The teacher and assistant will remain with a single group each day. In the case of illness, a designated substitute for the group will assist with caregiving.
- The physical distance between children will be increased in daily work locations, group gatherings, meals, and snacks.
- At nap time, children's naptime mats will be spaced out as much as possible, with alternating head to toe arrangements to reduce the distance between children.

## Healthy Hand Hygiene»

Washing hands can keep you healthy and prevent the spread of infections from one person to the next. All children and staff will engage in hand hygiene at the following times:

- Arrival to the classroom and after breaks
- Before and after each work choice
- Before and after eating or handling food
- After using the toilet or helping a child use the bathroom
- After coming in contact with bodily fluid



- After playing outdoors or in sand
- After handling garbage
- Before touching your eyes, nose, or mouth because that's how germs enter our bodies.

### **Follow Five Steps to Wash Your Hands the Right Way**

#### **Follow these five steps every time:**

1. Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
2. Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.
3. Scrub your hands for at least 20 seconds.
4. Rinse your hands well under clean, running water.
5. Dry your hands using a clean towel or air dry them.

After assisting children with handwashing, staff should also wash their own hands.

### **Use Hand Sanitizer for Adults When You Can't Use Soap and Water**

Washing hands with soap and water is the best way to get rid of germs in most situations. If soap and water are not readily available, you can use an alcohol-based hand sanitizer that contains at least 60% alcohol. Sanitizers can quickly reduce the number of germs on hands in many situations.

#### **How to use hand sanitizer**

1. Apply the gel product to the palm of one hand (read the label to learn the correct amount).
2. Rub your hands together.
3. Rub the gel over all the surfaces of your hands and fingers until your hands are dry. This should take 20 around seconds.

## **Cleaning and Disinfecting»**

**Khalsa Montessori School follows** the national standards for cleaning, sanitizing and disinfection of educational facilities for children provided by [Caring for Our Children \(CFOC\)](#)

Khalsa Montessori School follows this [Cleaning and Sanitization Practice](#) and has a detailed plan for each community, including staff responsibilities.

These efforts include the following:

- Staff will routinely clean, sanitize, and disinfect surfaces and objects that are frequently touched.
- All bathrooms will be cleaned and disinfected regularly throughout the day, bathrooms should be cleaned and disinfected three times per day.

- Electrostatic Spraying Technology will be used to disinfect and sanitize our environments at the end of each day. The electrostatic charge ensures that even the hard to reach places are coated evenly and effectively.

### **Clean and Sanitize Materials**

- Materials that cannot be cleaned and sanitized will not be used.
- Materials will be cleaned and sanitized between each use.
- Materials that children have placed in their mouths or that are otherwise contaminated by body secretions or excretions will be set aside until they are cleaned by hand by a person wearing gloves. These materials will be sanitized prior to use by the next person.
- Machine washable cloth materials will be used by one individual at a time and will be laundered before being used by another child.
- Children's books, like other paper-based materials such as mail or envelopes, are not considered high risk for transmission and do not need additional cleaning or disinfection procedures.

### **Clean and Disinfect Bedding**

Each child's bedding is kept separate and stored in individually labeled bags. Nap mats are labeled for each child. Bedding is cleaned weekly.

### **Cleaning and Disinfecting Procedures if an infected person (staff or child) has been in a school building:**

Close off areas used by the individuals with COVID-19 and wait 24 hours before beginning cleaning and disinfection to minimize the potential for exposure to respiratory droplets. Open outside doors and windows to increase air circulation in the area.

Staff will clean and disinfect all areas used by the ill persons, focusing especially on frequently touched surfaces. Staff must follow [CDC's guidelines for cleaning and disinfecting](#)

### **Cleaning and Disinfecting Products**

Khalsa Montessori School uses disinfecting products that are EPA-approved for use against the virus that causes COVID-19.

[https://www.cdc.gov/coronavirus/2019-ncov/community/pdf/ReOpening\\_America\\_Cleaning\\_Disinfection\\_Decision\\_tool.pdf](https://www.cdc.gov/coronavirus/2019-ncov/community/pdf/ReOpening_America_Cleaning_Disinfection_Decision_tool.pdf)

[https://www.cdc.gov/coronavirus/2019-ncov/community/pdf/Reopening\\_America\\_Guidance.pdf](https://www.cdc.gov/coronavirus/2019-ncov/community/pdf/Reopening_America_Guidance.pdf)

## **Food Preparation and Serving»**

Khalsa Montessori School will not serve family-style snacks or meals. Each child will bring their own lunch from home.

Individual snacks for the children will be provided by families.

Staff will ensure children wash hands prior to and immediately after eating

Staff must wash their hands before assisting children and after helping children to eat.

Food serving and preparation equipment, including those items used in individual practical life lessons for children, must be washed and then sanitized between uses.

## **Vulnerable / High-Risk Groups»**

Based on currently available information and clinical expertise, older adults and people of any age who have serious underlying medical conditions might be at higher risk for severe illness from COVID-19. To protect those at higher risk, it is important that everyone practices healthy hygiene behaviors.