

Active Parenting Workshop (5 – 12)

This is a workshop for parenting children ages 5 – 12. It combines video, activities and discussion. It is presented in six 2-hour sessions to be held on **Wednesdays** from **5:30pm to 7:30pm** in the **Multi-purpose room (second floor) at the Elementary campus**:

Session I: The Active Parent

Wednesday, September 5, 2018

- Styles of parenting
- Mutual respect and how to get it
- Drugs, sexuality and violence
- Caring for the caregiver

Session II: Winning Cooperation

Wednesday, September 12, 2018

- Emotional intelligence
- Active Communication
- The Think-Feel-Do cycle

Session III: Responsibility and Discipline

Wednesday, September 26, 2018

- Teaching responsibility
- Effective non-violent discipline
- "I" messages
- Logical consequences

Session IV: Understanding and Redirecting Misbehavior

Wednesday, October 10, 2018

- Why children misbehave
- The 4 goals of behavior

Session V: Building Courage, Character and Self-Esteem

Wednesday, October 24, 2018

- Success and Failure cycles
- The BANK method of encouragement
- Stimulating independence

Session VI: The Active Family Now

Wednesday, November 7, 2018

- Parents influencing events
- Family meetings

Fee: \$165/single, \$315/couple or spouses*

Fee includes one Parent's Guide and light refreshments.

***Split households are required to register as a single in order to get an individual book copy.**

Now you have the facts. And now it's time for you to make a decision...

Are you going to attend and become the best parent you are meant to be? **or** are you going to keep suffering the pain of fighting with your kids all the time over misbehavior, getting up on time, doing homework, getting their help at home and, as a consequence, deteriorating even more your relationship with them? **Think of the cost of NOT joining today...**



2018 PARENTING WORKSHOPS

Registration Form

Positive Discipline (Ages 0-4)

Active Parenting (Ages 5-12) Student(s) age: _____

Parent/Guardian Information	Parent/Guardian Information
Name:	Name:
Phone:	Phone:
Email:	Email:
Street Address:	Street Address:
City, State, ZIP:	City, State, ZIP:

Have you attended parenting workshops before? Yes No

- If yes, please share the title or topic of the class: _____

Parent/Guardian Signature: _____ Date: _____

Workshop Fees: [Includes one(1) book for each single/ couple]

Positive Discipline Workshop (Ages 0-4)
4 Weeks; \$95/person*, \$175/couple

Active Parenting Workshop (Ages 5-12)
6 weeks; \$165/person*, \$315/couple

FOR INTERNAL USE ONLY
Date Paid _____
Amount Due _____
Amount Paid _____
<input type="checkbox"/> Cash
<input type="checkbox"/> Check No. _____
<input type="checkbox"/> Money Order
<input type="checkbox"/> Payment Plan
Date Received _____

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